

Nebraska PRO-LIFE DIRECTORY

Together we can help! YOU can save a life today!

Nationwide Pregnancy Help **1-800-395-HELP (4357)**
optionline.org, care-net.org; TEXT 24/7 **781-227-3060**
Essential Pregnancy Services **Helpline 402-554-1000**
Assure Women's Center **Helpline 402-397-0600**
Abortion Pill Reversal, call ASAP after first pill
https://www.abortionpillreversal.com 877-558-0333
National Suicide Prevention **Hotline dial 988**
National Human Trafficking Center **1-888-373-7888**
Child Abuse Prevention, **1-800-4-A-CHILD (422-4453)**
www.StepsToHealingAfterAbortion.org 402-547-1076
CALL or TEXT for Adoption or PREGNANCY HELP

Pregnancy Counseling, Testing and Service:

Assure Women's Center www.assureomaha.com
6510 Sorensen Parkway, Omaha, NE. 68152
14225 Dayton Circle, Omaha, NE 68137
FREE STD and pregnancy testing by appointment
Essential Pregnancy Services www.essentialps.org
Free Pregnancy & STD Tests. No Hassle Counseling.
Maternal Assistance Hotline: **402-554-1000 text 402-538-8383**
Benson Center: 6220 Maple St. 68104, 402-554-0121
Bellevue Center: 908 W. Mission Ave, 68005, 402-933-2988
Maple Village Center: 3029 N 93rd St, 68134, 402-763-8768
Lincoln Pregnancy Center, 111 Piazza Terrace, Lincoln, NE,
68510, 402-483-4247, www.pregancylincolncenter.org
Gabriel's Corner www.gabrielscorner.com
Free Pregnancy Tests, Counseling, 712-323-7756
131 S 16th St, Council Bluffs, IA 51501
Life Choices www.fremontpregnancy.com
Location - 1835 E. Military, Fremont, NE 68025
Phone: 402-721-5551 or 402-720-5526 for appointment.
All services are free & confidential.
Birthright International www.birthright.org
Nationwide 800-550-4900 Lincoln 402-466-2609
Council Bluffs 712-322-2100 Norfolk 402-379-1004
Students for Life of America, www.standingwithyou.org
Need help now? 402-503-9331 www.studentsforlife.org
Nebraska Pro-Life Pregnancy Resource Center
Directory Page: www.NebraskansEmbracingLife.org

Comprehensive Confidential Health Services:

Sancta Familia Medical Apostolate 402-991-3393
10506 Burt Circle Omaha NE 68114. Catholic health care for
the whole family from conception to natural death. Mon-Fri,
8am-5pm www.omahacatholicdoctors.org

Reproductive Health Care:

Saint Paul VI Institute for the Study of Reproduction
www.popepaulvi.com 6901 Mercy Rd. Omaha, NE 68106
402-390-6600 **OB-GYN, infertility, maternal fetal
medicine, NaPro Technology, Creighton Model
FertilityCare System, education programs, more**

Life is sacred from the moment of conception!

www.HeartofaChildMinistries.org, Live ultrasound
presentations in schools and religious settings

Homes for Mothers and Babies:

Mater Filius of Nebraska A Catholic apostolate created to
help pregnant women who find themselves without support.
Housing, counseling, medical attention, workshops and
continuing education at no cost. www.MaterFiliusNE.org
5924 S. 36th Street, Omaha, NE 68107 402-933-3466

Bethlehem House www.BethlehemHouseOmaha.org
Serving women who are pregnant and homeless since 2005.
Offering private rooms in a safe environment.
2301 S 15th St. Omaha, NE 68108 402-502-9224

Adoption and other services:

Bethany Christian Services, www.bethany.org
Nebraska Children's Home Society, www.NCHS.org
Catholic Charities www.ccomaha.org; Individual, Marriage
and Family Counseling 402-554-0520 or 800-403-2435
Essential Pregnancy Services HOTLINE: 402-554-1000

Healing from Abortion:

www.StepsToHealingAfterAbortion.org, 402-547-1076
National Abortion Recovery 24 hour hotline **866-482-5433**
www.SupportAfterAbortion.com, **844-289-HOPE**
www.abortionchangesyou.com
www.afterabortion.org
www.StepsToHealingAfterAbortion.org **402-547-1076**

Project Rachel, www.hopeafterabortion.com Post-
Abortion Healing, and Reconciliation from the pain of
abortion. **888-456-HOPE** or projectrachel@cssisus.org

Rachel's Vineyard, www.rachaelvineyard.org, Post-
Abortion Healing Retreats Reconciliation and healing from the
pain of abortion. 877-467-3463

Freedom from Pornography:

www.omahaforddecency.org Pornography degrades women,
damages marriage and family, is sinful, addictive, diabolical.

Dads.org; Faith, Family, Fatherhood; sex addiction freedom
PATH - Archdiocese of Omaha www.archomaha.org
pornography addiction counseling and support.

Christian Radio and news:

www.kcro.com, Omaha 660AM, Lincoln 106.7 FM
www.bottradionetwork.org, Omaha 93.7FM, Lincoln 88.5FM
www.spiritcatholicradio.com Omaha 102.7FM

Legal:

www.ThomasMoreSociety.org, non-profit, national public
interest law firm dedicated to restoring respect in law for life,
family, and religious liberty- pro bono. Pro-life attorneys
always needed! For more information, Martin Cannon, Matt
Heffron or Michael McHale (312)782-1680.

Copies of this directory, update or additional information:

Reggan Simons, rksimons@archdiocese.org,
Steve Zach, 402-558-2218

www.nebraskansembracinglife.org/prolifedirectory

NEBRASKANS Embracing Life Educational 501c3; resource,
spiritual events, Mobile Pregnancy Ultrasound Resource Center
143 S 38th St, Omaha, NE 68131 402-399-0299
engage@nebraskansembracinglife.org

Surprise Thrift Shop, 143 S 38th St. Omaha, 68131
100% of all sales benefit pro-life organizations
Shop & Save hours: Thu Fri Sat 10a-4p; 402-341-0625

“Walking with Moms in Need”, www.archomaha.org
Bishops Pastoral Plan for Pro-Life Activities
Marion Miner, Associate Director for Pro-Life & Family
Nebraska Catholic Conference 215 Centennial Mall
South, Suite 310 Lincoln, NE 68508 402-477-7517
www.NECatholic.org, mminer@necatholic.org

www.AbortionDialogueAcademy.org “Pro-Life in 7 minutes”
“We show pro-choice people why abortion should be illegal
through one on one conversations and youth presentations”
Omaha Chapter Stopp Planned Parenthoodwww.stopp.org
Stephen Zach 402-558-2218, 4339 California St Omaha 68131
CB Chapter STOPP Mary Lybarger, 712-325-0268
www.NebraskaFamilyAlliance.org Family, Freedom, Life
www.VitalSignsMinistries.org Denny Hartford 402-341-8886
Nebraska Right to Life www.nebraskarighttolife.org
402-438-4802 P. O. Box 80410, Lincoln, NE 68501-0410
American Life League Inc. (ALL) STOPP www.ALL.org
P. O. Box 1350, Stafford, VA 22555 540-659-4171
Human Life International www.HLI.org
Pro-Life Missionaries to the World 800-549-LIFE
Population Research Institute www.POP.org
Priests for Life, www.priestsforlife.org 888-735-3448

Prayer and sidewalk counseling- we need you!

Omaha: Planned Parenthood, 3105 N 93 Street (93rd and Maple), abortions often Mon & Thur, 8 am-noon. Sat 10am Helpers of God’s Precious Infants. Essential Pregnancy Services next door <http://essentialps.org>

Bellevue: Abortionist Leroy Carhart, 1002 W Mission Ave, often Tues- Sat 7:30-11:30 am. Prayer Sat 9-10 am, God’s Helpers of Precious Infants; Chapel of the Holy Innocents, 1229 Bellaire Blvd, Essential Pregnancy Services next door <http://essentialps.org>

Council Bluffs PP: 1604 2nd Ave, Council Bluffs IA Gabriel’s Corner, 131 South 16th Street, CB IA 51501 712-323-7756 www.gabrielscorner.com
We Provide Hope and Help for women facing unplanned pregnancies. **You are not alone! We are here to help!**

Lincoln PP: 5631 S 48th St, Tuesday, abortions <https://supportwomenscarecenter.org/locations/lincoln/>
www.abortionworker.com

www.LifeRunners.org, Remember the Unborn Jer 1:5
Largest Pro-Life organization in the World-All in Christ!
www.studentsforlife.org, Students for Life of America
www.BusinessAndProfessionalPeopleForLife.org
www.cornhuskerguardian.com Faithful Family Nebr News
NEBRASKANS Embracing Life, 501c3 Pro-life educational non-profit building a culture of life through media, spiritual events, Mobile Ultrasound, activism, more. Thank you for prayers, volunteer and donor support www.nebraskansembracinglife.org
NEBRASKANS Embracing Life ACTION, staff@nelaction.org, 501c4 identifies and supports pro-life, pro-family candidates, politicians and legislation
VOTE FOR LIFE! www.NELACTION.org

Contraception is dangerous to your health! Read FDA patient information warnings on packaging
Contraception = Abortion! Facts from ALL.org:
Contraception separates husband from wife, and couple from God. Most contraceptives are drugs or devices that can cause early abortion. Condoms and the “safe sex” lie results in widespread STD’s, emotional trauma, and immoral sex. Contraceptives are not safe for mother or child according to the patient information package and various studies. Guttmacher Institute reports as many as 70,000,000 since R v W 1973, but they *exclude* in vitro abortions, “medical research” abortions, “emergency contraceptive” abortions, and they *exclude all* abortions from “the pill” and contraceptives: **‘the birth control pill’** allow fertilization to occur 2-10% of the time. They cause the lining of the uterus to become inhospitable to the newly conceived who literally dies from lack of nourishment and is aborted

IUDs work by interfering with the enzymatic processes of the developing baby and by inflaming the lining of the uterus, making it inhospitable to implantation, also abortifacient.

Norplant consists of six-one inch long silastic rods implanted in the arm and contains the progestin, *levonorgestrel*, which acts for 5 years. There are approx. 1,500,000 users. At a 50-65% ovulation rate times a 25% conception rate, amounting to between 2-3 million of these chemical abortions per year.

Depo-Provera similarly, is injected under the skin every 3 months. Based on an estimated 1 million users and an ovulation rate of 40- 60%, it has been determined that at the lower rate there are 400,000 ovulatory cycles, times a 25% conception rate yielding about 100,000 chemical abortions per cycle or 1,200,000 per year. Who counts these lives?

Abortion Pill used before ten weeks, RU 486 is a chemical compound taken in pill form, can induce abortion in women up to nine weeks pregnant; involves two drugs and three trips to the doctor’s office over a two week period. Surgical abortions follow 4-5% failure rate. Prescribed pill-induced abortions exceed surgical abortions and are ten times more likely to cause death, plus disabilities. Many side effects from minor to major, even death for mother or child.

The “morning after pill”, “plan B” or “Ella” has over one billion in annual sales. Pills are extremely hazardous to women’s health, and especially to minor children!

Breast Cancer and Abortion, many chemical side effects!
In the U.S., women under age 45 who have had abortions may have a 50% higher risk of breast cancer, according to a study reported in the Journal of the National Cancer Inst. The risk is more than doubled for women under 18 who have abortions.

Stop Planned Parenthood, www.stopp.org PP Federation of America earns over two billion per year selling birth control products, creates a demand via the sex ed it promotes in schools. As promiscuity rises, so does the number of unintended pregnancies due to contraceptive failure. PP profits from contraception= abortion = death for the conceived child!

Covid WEBSITES:

www.ethicalresearch.net, www.COGforLIFE.org
PLEASE DISTRIBUTE to every home, every church, school, youth group, pro-life organizations & teams. Everyone needs these contacts for easy access and referral!
Offer to friends-You can save a life today!