

## Nebraska PRO-LIFE DIRECTORY

View and download all of our directories:

[www.NebraskansEmbracingLife.org](http://www.NebraskansEmbracingLife.org)

Nationwide Pregnancy Help **1-800-395-HELP (4357)**  
optionline.org, care-net.org; TEXT 24/7 **781-227-3060**  
*Essential Pregnancy Services* **Helpline 402-554-1000**  
*Assure Women's Center* **Helpline 402-397-0600**  
**Abortion Pill Reversal, call ASAP after first pill**  
**<https://www.abortionpillreversal.com> 877-558-0333**  
National Suicide Prevention **Hotline dial 988**  
National Human Trafficking Center **1-888-373-7888**  
Child Abuse Prevention, **1-800-4-A-CHILD (422-4453)**  
**[www.StepsToHealingAfterAbortion.org](http://www.StepsToHealingAfterAbortion.org) 402-547-1076**  
CALL or TEXT for Adoption or PREGNANCY HELP

### *Pregnancy Counseling, Testing and Service:*

**Assure Women's Center** [www.assureomaha.com](http://www.assureomaha.com)

6510 Sorensen Parkway, Omaha, NE. 68152

14225 Dayton Circle, Omaha, NE 68137

FREE STD and pregnancy testing by appointment

**Essential Pregnancy Services** [www.essentialps.org](http://www.essentialps.org)

Free Pregnancy & STD Tests. No Hassle Counseling.

Maternal Assistance Hotline: **402-554-1000 text 402-538-8383**

*Friends of EPS* 3171 N 93 St, Omaha, 402-554-0121

*Bellevue Center:* 908 W. Mission Ave, 68005, 402-933-2988

*Maple Village Center:* 3029 N 93rd St, 68134, 402-763-8768

**Lincoln Womens Care Center** 5632 S. 48th St, 68516

402-423-0523, [www.womenscarecenter.org](http://www.womenscarecenter.org)

**Lincoln Pregnancy Center**, 111 Piazza Terrace, Lincoln, NE,

68510, 402-483-4247, <https://pregnancycenterlincoln.org/>

**Gabriel's Corner** Free Pregnancy Tests, Counseling,

712-318-1971, 131 S 16<sup>th</sup> St, Council Bluffs, IA 51501

[www.gabrielscorner.com](http://www.gabrielscorner.com)

**Life Choices** [www.fremontpregnancy.com](http://www.fremontpregnancy.com)

230 E 22<sup>nd</sup> St #2, 68025 T-Th-10-5p 402-721-5551

Pregnancy Counseling, 24/7 text 402-961-7148

**Birthright International** [www.birthright.org](http://www.birthright.org)

Nationwide 800-550-4900 Lincoln 402-466-2609

Council Bluffs 712-322-2100 Norfolk 402-379-1004

**Students for Life of America**, [www.standingwithyou.org](http://www.standingwithyou.org)

**Need help now? 402-503-9331** [www.studentsforlife.org](http://www.studentsforlife.org)

### *Comprehensive Confidential Health Services:*

**Sancta Familia Medical Apostolate 402-991-3393**

10506 Burt Circle Omaha NE 68114. Catholic health care for

the whole family from conception to natural death. Mon-Fri,

8am-5pm [www.omahacatholicdoctors.org](http://www.omahacatholicdoctors.org)

### *Reproductive Health Care:*

**Saint Paul VI Institute for the Study of Reproduction**

[www.popepaulvi.com](http://www.popepaulvi.com) 6901 Mercy Rd. Omaha, NE 68106

402-390-6600 **OB-GYN, infertility, maternal fetal**

**medicine, NaPro Technology, Creighton Model**

**FertilityCare System, education programs, more**

***Life is sacred from the moment of conception!***

**[www.HeartofaChildMinistries.org](http://www.HeartofaChildMinistries.org), Live ultrasound**

**presentations in schools and religious settings**

***Together we can help! YOU can save a life today!***

### *Homes for Mothers and Babies:*

**Mater Filius of Nebraska** Housing, counseling, medical attention, workshops and continuing education at no cost.

[www.MaterFiliusNE.org](http://www.MaterFiliusNE.org)

5924 S. 36<sup>th</sup> Street, Omaha, NE 68107 402-933-3466

**Bethlehem House** [www.BethlehemHouseOmaha.org](http://www.BethlehemHouseOmaha.org)

Serving women who are pregnant and homeless since 2005.

2301 S 15<sup>th</sup> St. Omaha, NE 68108 402-502-9224

**St Gianna Women's Home** Housing for victims of domestic violence and those escaping abortion. Pregnancy support.

2241 O St, Lincoln, Nebraska 68510, 402-474-1600

### *Adoption and Other Services:*

[www.FreeAdoptionHelp.com](http://www.FreeAdoptionHelp.com)

**St Francis Ministries**, foster care, adoption, family preservation. Grand Island, Scottsbluff, North Platte, Omaha,

[www.saintfrancisministries.org](http://www.saintfrancisministries.org) 800-423-1342

**Bethany Christian Services**, [www.bethany.org](http://www.bethany.org)

**Catholic Charities**, [www.ccomaha.org](http://www.ccomaha.org); Individual, Marriage and Family Counseling 402-554-0520 or 800-403-2435

**Christian Heritage**, Christ centered approach to caring for kids and preserving Nebraska families. [www.CHNE.org](http://www.CHNE.org),

Foster Care, Adoption, Beyond Prison 402-421-5437

**Nebraska Parent Care Network**, [www.NebraskaParent.org](http://www.NebraskaParent.org)

**Open Door Mission** breaking homelessness/poverty cycle.

Safe Shelter, 402-422-1111, [www.opendoormission.org](http://www.opendoormission.org)

**Stephen Center Omaha**, [www.stephencenter.org](http://www.stephencenter.org)

### *Healing from Abortion:*

**National Abortion Recovery** 24 hour hotline **866-482-5433**

[www.SupportAfterAbortion.com](http://www.SupportAfterAbortion.com), **844-289-HOPE**

[www.abortionchangesyou.com](http://www.abortionchangesyou.com)

[www.afterabortion.org](http://www.afterabortion.org)

[www.StepsToHealingAfterAbortion.org](http://www.StepsToHealingAfterAbortion.org) **402-547-1076**

**Project Rachel**, [www.hopeafterabortion.com](http://www.hopeafterabortion.com) Healing from abortion **888-456-HOPE** or projectrachel@cssisus.org

**Rachel's Vineyard**, [www.rachaelvineyard.org](http://www.rachaelvineyard.org),

Post-Abortion Healing Retreats. 877-467-3463

### *Freedom from Pornography:*

[www.omahafordecency.org](http://www.omahafordecency.org) Pornography degrades women, damages marriage and family, is sinful, addictive, diabolical.

**Dads.org**; Faith, Family, Fatherhood; sex addiction freedom

**PATH – Archdiocese of Omaha** [www.archomaha.org](http://www.archomaha.org)

pornography addiction counseling and support.

### *Christian News and Radio:*

[www.operationrescue.org](http://www.operationrescue.org), [www.pregnancyhelpnews.org](http://www.pregnancyhelpnews.org)

[www.liveaction.org/news](http://www.liveaction.org/news), [www.lifenews.com](http://www.lifenews.com),

[www.lifesitenews.com](http://www.lifesitenews.com),

[www.kcro.com](http://www.kcro.com), Omaha 660AM, Lincoln 106.7 FM

[www.bottradiationetwork.org](http://www.bottradiationetwork.org), Omaha 93.7FM, Lincoln 88.5FM

[www.spiritcatholicradio.com](http://www.spiritcatholicradio.com) Neb Network, Omaha 102.7FM

### *Legal:*

[www.ThomasMoreSociety.org](http://www.ThomasMoreSociety.org), non-profit, national public

interest law firm dedicated to restoring respect in law for life,

pro bono, pro-life attorneys needed! More Info (312)782-1680

### *Copies of this directory, update or additional information:*

Steve Zach, 402-558-2218

[www.NebraskansEmbracingLife.org/Pro-LifeDirectories](http://www.NebraskansEmbracingLife.org/Pro-LifeDirectories)

**NEBRASKANS Embracing Life** 143 S 38<sup>th</sup> St, Omaha, NE 68131

402-399-0299 **Send info:** [engage@nebraskanembracinglife.org](mailto:engage@nebraskanembracinglife.org)

**Surprise Thrift Shop**, 143 S 38 St, Omaha, 68131

100% of all sales benefit pro-life organizations

**Shop & Save hours: Thu Fri Sat 10a-4p; 402-341-0625**

**“Walking with Moms in Need”, [www.archomaha.org](http://www.archomaha.org)**  
**Bishops Pastoral Plan for Pro-Life Activities**  
Marion Miner, Associate Director for Pro-Life & Family  
Nebraska Catholic Conference 215 Centennial Mall  
South, Suite 310 Lincoln, NE 68508 402-477-7517  
[www.NECatholic.org](http://www.NECatholic.org), [mminer@necatholic.org](mailto:mminer@necatholic.org)

[www.AbortionDialogueAcademy.org](http://www.AbortionDialogueAcademy.org) “Pro-Life in 7 minutes”  
“We show pro-choice people why abortion should be illegal  
through one on one conversations and youth presentations”  
[www.NebraskaFamilyAlliance.org](http://www.NebraskaFamilyAlliance.org) Family, Freedom, Life  
[www.VitalSignsMinistries.org](http://www.VitalSignsMinistries.org) Denny Hartford 402-341-8886

**Nebraska Right to Life** [www.nebraskarighttolife.org](http://www.nebraskarighttolife.org)  
402-438-4802 P. O. Box 80410, Lincoln, NE 68501-0410  
**American Life League Inc. (ALL) STOPP** [www.ALL.org](http://www.ALL.org)  
P. O. Box 1350, Stafford, VA 22555 540-659-4171  
**Omaha Chapter Stopp Planned Parenthood** [www.stopp.org](http://www.stopp.org)  
Stephen Zach 402-558-2218, 4339 California St Omaha 68131  
**CB Chapter STOPP** Mary Lybarger, 712-325-0268  
**Human Life International** [www.HLI.org](http://www.HLI.org)  
**Pro-Life Missionaries to the World** 800-549-LIFE  
**Population Research Institute** [www.POP.org](http://www.POP.org)  
**Priests for Life**, [www.priestsforlife.org](http://www.priestsforlife.org) 888-735-3448

### **Prayer and sidewalk counseling- we need you!**

**Omaha:** Planned Parenthood, 3105 N 93 Street (93rd and Maple), abortions vary; Mon & Wed, 8 am-noon. Sat 10am  
Helpers of God’s Precious Infants. Essential Pregnancy Services next door south <http://essentialps.org>

**Bellevue:** 1002 W Mission Av, abortions vary, Thu-Sat 7:30a+.  
Prayer Sat 6:30a, 9-10a, God’s Helpers of Precious Infants; Essential Pregnancy Services, next door east, <http://essentialps.org>; Holy Innocents Chapel, 402-399-0299

**Council Bluffs** Gabriel's Corner, 131 South 16th Street, CB IA 51501 712-323-7756 [www.gabrielscorner.com](http://www.gabrielscorner.com)  
We Provide Hope and Help for women facing unplanned pregnancies. **You are not alone! We are here to help!**

**Lincoln PP:** 5631 S 48th St, abortion days vary  
<https://supportwomenscarecenter.org/locations/lincoln>  
[www.abortionworker.com](http://www.abortionworker.com)

[www.LifeRunners.org](http://www.LifeRunners.org), “Remember the Unborn” **Jer 1:5**  
Largest Pro-Life organization in the World-All in Christ!

[www.studentsforlife.org](http://www.studentsforlife.org), Students for Life of America

**NEBRASKANS Embracing Life, 501(c)(3)** Pro-life educational non-profit building a culture of life through media, spiritual events, Mobile Ultrasound, activism, more. Thank you for prayers, volunteer and donor support [www.nebraskansembracinglife.org](http://www.nebraskansembracinglife.org)

**NEBRASKANS Embracing Life ACTION**, [staff@nelaction.org](mailto:staff@nelaction.org), **501(c)(4)** identifies and supports pro-life, pro-family candidates, politicians, legislation  
**VOTE FOR LIFE!** [www.NELACTION.org](http://www.NELACTION.org)

**Contraception is dangerous to your health! Read FDA patient information warnings on packaging**  
**Contraception = Abortion! Facts from ALL.org:**  
*Contraception separates husband from wife, and couple from God.* Most contraceptives are drugs or devices that can cause early abortion. Condoms and the “safe sex” lie results in widespread STD’s, emotional trauma, and immoral sex.

Contraceptives are not safe for mother or child according to the patient information package and various studies. Guttmacher Institute reports as many as 70,000,000 since R v W 1973, but they *exclude* in vitro abortions, “medical research” abortions, “emergency contraceptive” abortions, and they *exclude all* abortions from “the pill” and contraceptives: **‘the birth control pill’** allow fertilization to occur 2-10% of the time. They cause the lining of the uterus to become inhospitable to the newly conceived who literally dies from lack of nourishment and is aborted, unable to implant.

**IUDs** work by interfering with the enzymatic processes of the developing baby and by inflaming the lining of the uterus, making it inhospitable to implantation, also abortifacient.

**Norplant** consists of six-one inch long silastic rods implanted in the arm and contains the progestin, *levonorgestrel*, which acts for 5 years. There are approx. 1,500,000 users. At a 50-65% ovulation rate times a 25% conception rate, amounting to over one million of these chemical abortions per year.

**Depo-Provera** similarly, is injected under the skin every 3 months. Based on an estimated 1 million users and an ovulation rate of 40- 60%, it has been determined that at the lower rate there are 400,000 ovulatory cycles, times a 25% conception rate yielding about 100,000 chemical abortions per cycle or 1,200,000 per year. **Who counts these lives?**

**Abortion Pill used before ten weeks**, RU 486 is a chemical compound taken in pill form, can induce abortion in women up to nine weeks pregnant; involves two drugs and three trips to the doctor's office over a two week period. Surgical abortions follow 4-5% failure rate. Prescribed pill-induced abortions exceed surgical abortions and are ten times more likely to cause death, plus disabilities. *Many* side effects!

**The “morning after pill”, “plan B” or “Ella”** has over one billion in annual sales. Pills are extremely hazardous to women’s health, and especially to minor children!

**Breast Cancer and Abortion, many chemical side effects!**  
*In the U.S., women under age 45 who have had abortions may have a 50% higher risk of breast cancer*, according to a study reported in the Journal of the National Cancer Inst. The risk is more than doubled for women under 18 who have abortions.

**Stop Planned Parenthood**, [www.stopp.org](http://www.stopp.org) PP Federation of America earns over two billion per year selling birth control products, creates a demand via the sex ed it promotes in schools. As promiscuity rises, so also the number of unintended pregnancies due to contraceptive failure. PP profits from contraception= abortion = death for the conceived child! Myths: “safe sex”, “contraception stops ovulation”-not always!

**Abortion free research, products, medicines, & vaccines:**  
[www.EthicalResearch.net](http://www.EthicalResearch.net), [www.COGforLIFE.org](http://www.COGforLIFE.org)

**PLEASE DISTRIBUTE** to every home, every church, school, youth group, pro-life organizations & teams. Everyone needs these contacts for easy access and referral!  
**Offer to friends-You can save a life today!**